



*Article for The Observer*

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## “Resurrection People”

Ann Landers is quoted as saying, “The true measure of an individual is how he treats a person who can do him absolutely no good.” When we think about it, this is the core value of what it means to be a follower of Christ. People like Mother Theresa who devoted their lives to serving others expecting nothing in return have been privileged to see the face of Christ in the poor and the dying. While we who have so much and share but a small portion with those who are without, how will we even have the opportunity to entertain angels let alone the honor of giving the Lord himself a cup of water?

If we who call ourselves Christians want others to follow the Christ, then we too must follow in His footsteps. In St. Paul's letter to the Ephesians he writes, “Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.” As Christians, we are called to be people of the resurrection, but before we can know the power of the resurrection in our lives, we must first become living sacrifices to God.

A life of sacrifice asks nothing in return from those whom we are called to serve. We are to live as if today were our last day on earth. Each day we are called to lay down our lives for the sake of helping others. For it is only in giving that we are able to receive the fullness of life that Christ has promised His followers.

So as we Christians celebrate this Easter Season in which we rejoice in being people of the Resurrection, let us not forget the price that such a life demands. Easter people are people who know that they walk in the shadow of their Master's cross. For it is only in living a life a sacrifice wherein we can experience the joy of the Resurrection!